

TO BEGIN

NIBBLES

HALLOUMI FRIES garlic mayo (GF).....	3.90	BAKED SOURDOUGH olive oil & balsamic vinegar (V)(DF).....	3.50/4.50
OLIVES & SUNBLUSHED TOMATOES (V)(DF)(GF).....	3.50	RED PEPPER HUMMUS warm pitta bread (V)(GF).....	3.90

STARTERS

HEBRIDEAN SMOKED SALMON & KING PRAWN COCKTAIL...9.50 gem lettuce, Marie Rose sauce	HERITAGE TOMATOES & MOZZARELLA SALAD (GF)(DF).....	6.50
HOMEMADE SOUP OF THE DAY (V)(GF)(DF).....4.90 sourdough bread	CRISPY ASIAN SPICED CHICKEN.....6.50 coconut & lentil dhal, pickled mouli & carrots, coriander oil	
THAI BEEF SALAD (GF)(DF).....7.90 seared marinated beef, oriental salad, chilli, coriander, palm sugar, nam pla sauce	SUMMER SALAD (VO)(DF)(GF).....6.50 watermelon, feta, cucumber, strawberry with lime & mint dressing	
SQUID RINGS.....7.50 aioli dip		

SHARING PLATTERS

FISHERMAN'S CATCH.....20.90 smoked salmon, king prawns, salmon fishcake, battered haddock, tartare sauce, devilled white bait, panko coated squid, sweet chilli sauce	THE SECRET GARDEN (V)(GF).....16.50 chargrilled aubergine & courgettes, spiced chickpeas & tofu, brie fritters, stuffed peppers, marinated artichokes, olives & sun blushed tomatoes, red pepper hummus, halloumi fries, warm flatbread
MEDITERRANEAN GRAZE (GF).....19.50 assorted charcuterie, honey glazed chorizo, mozzarella, marinated artichokes, olives & tomatoes, red pepper hummus, stuffed peppers, foccacia	HONEY & TRUFFLE BAKED CAMEMBERT (GF).....12.90 infused croutons, apricot & apple chutney, celery sticks

MAINS

MEYNELL MAINS

CORN FED NORMANDY CHICKEN BREAST (GF).....14.90 homemade macaroni cheese, bacon & oyster mushrooms
FRESH FILLET OF SEABASS (DF)(GF).....17.50 crushed herb & caper potatoes, tenderstem broccoli, cockle & dill velouté
ROAST GRESSINGHAM DUCK BREAST (DF).....17.90 ginger, garlic & spring onion, oriental noodles
STAFFORDSHIRE FARMED LAMB BARNESLEY CHOP (DF)(GF).....15.90 baby onions, peas, gem lettuce, new potatoes, minted gravy
ROASTED & SPICED CAULIFLOWER STEAK (V)(DF)(GF).....12.90 warm tomato, chickpea & onion salsa
LIGURIA LINGUINE (V)(DF)(GF).....12.90 roasted sweet peppers, basil, sunblush tomatoes, olives, capers & parmesan
THAI GREEN CURRY WITH NOODLES with coconut, ginger, chilli, garlic, lime & coriander. Choose from: king prawns (DF).....17.90 tofu & mushrooms (DF)(V).....11.90
FRESH FISH OF THE DAY MARKET PRICE

STONE BAKED PIZZA

THE CLASSIC (V).....8.90 homemade tomato sauce, mozzarella
THE HIPPIE (V)(DF).....10.90 home made tomato sauce, chargrilled aubergine & courgettes, peppers, tofu, balsamic glaze
THE PEPPER STAR.....10.50 homemade tomato sauce, pepperoni, mozzarella
THE ORIENTAL.....11.90 hoisin sauce, confit duck, pineapple, red onion, peppers, mozzarella
THE SPICE IS RIGHT.....11.90 home made tomato sauce, ground spicy beef, red chillies, jalapeños, peppers, red onions & mozzarella
THE ITALIAN JOB.....10.90 prosciutto, pepperoni, sun dried tomatoes, mozzarella, rocket & pesto
CHICKEN PESTO.....11.90 home made tomato sauce, char grilled chicken, sweetcorn, peppers, red onion, mozzarella, basil pesto
LAND & SEA.....11.90 homemade tomato sauce, roast chicken, prawns, mozzarella, sun blush tomatoes & rocket
THE TEXAN.....11.90 BBQ sauce, slow cooked pulled pork, mixed peppers, red onion, sweetcorn

CLASSICS

THE MEYNELL STEAK & ALE PIE.....12.90 house chips or mashed potato, peas, carrots, rich gravy
OWEN TAYLOR'S SAUSAGES & MASH.....12.90 caramelised onion, peas, gravy
TIMOTHY TAYLOR LIGHT BATTERED HADDOCK (GF).....12.90 house chips, mushy peas, tartare sauce, lemon

FROM THE GRILL

All our steaks are dry aged for 35 days sourced from local Staffordshire & Derbyshire herds. Served with house chips or skinny fries, salad, grilled tomatoes & mushroom. Peppercorn or Blue Cheese Sauce (+£2.50) (GF)(DF)

10OZ RIB-EYE.....22.50	8OZ SIRLOIN.....19.90
7OZ FILLET.....27.90	20OZ CHATEAUBRIAND.....59 (TO SHARE)

BURGERS

All our burgers are served on a sourdough bun with house slaw & sweetcorn salsa, house chips, skinny fries or sweet potato fries

THE MEYNELL BURGER (DF).....13.50 8oz beef burger, American style cheese slice, frenchies mustard mayo
CHAR-GRILLED CHICKEN BURGER (DF).....12.50 crispy bacon, brie & cranberry sauce
MUSHROOM, TOFU & BLACK BEAN BURGER (V)(DF).....10.90 chipotle mayonnaise
THE 'OLÉ' BURGER (DF).....14.50 8oz beef burger, honey glazed chorizo, tomato salsa, manchego cheese

SALADS

CHAR-GRILLED CHICKEN CAESAR SALAD (GF).....12.50 gem lettuce, anchovies, parmesan, croutons, caesar dressing
SUPERFOOD SALAD (V)(GF)(GF).....10.90 tenderstem broccoli, soya beans, avocado, feta cheese, quinoa, spinach, water melon, seasonal leaves, citrus dressing

SIDES

ALL £3.50

BUTTERED NEW POTATOES (V)(GF)(GF)	MEYNELL DIRTY FRIES (GF)
HOUSE CHIPS (V)(GF)(GF)	BACON MAYO & PARMESAN
SWEET POTATO FRIES (V)(GF)	SEASONAL VEGETABLES (V)(GF)(GF)
SKINNY FRIES (V)(GF)(GF)	HOUSE SLAW (V)(GF)(GF)
	HOUSE SALAD (V)(GF)(GF)

For any guests with dietary requirements please specify as the gluten free & dairy free dishes need modifying for any allergy related intolerances you may have. The Meynell Ingram Arms will not accept any responsibility if you have not informed us of your dietary needs or intolerances.

(DF) Dairy Free (DF) Dairy Free Option (GF) Gluten Free (GF) Gluten Free Option (V) Vegetarian